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Letter	Numeric	Waist in	Hips in	Waist cm	Hips cm
XS	4	23–24	33–34	58–61	84–86
S	5	25–26	35–36	64–66	89–91
M	6	27–28	37–38	69–71	94–97
L	7	29–30	39–40	74–76	99–102
XL	8	31–32	41–42	79–81	104–107
2XL	9	33–34	43–44	84–86	109–112
3XL	10	35–36	45–46	89–91	114–117